

**PRCHG.com**

History

This guide was put together to pool the resources in our community in one area. Our intent is to ease the process, so people in need can find and utilize the services already available in our community. PRCHG.com is an information only website. If you have an emergency dial 911.

Please search PRCHG.com **BEFORE** you are in need. It helps to familiarize yourself with the services available so that in a time of need you have a plan.

*My Personal  
Emergency  
Numbers*

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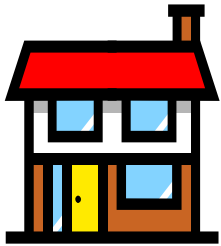
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**I was just told my child has special needs. Where do I find the help I need.**

Park Ridge Community  
Help Guide

**PRCHG.com**

**Help!**

Emergency Numbers

- Police 911
- Fire 911
- Ambulance 911
- Poison Control (800)-222-1222

Hospitals

- Lutheran General Hospital (847) 723-2210
- Resurrection Medical Center (877) 737-4636

Sponsored by the:  
**Park Ridge Healthy  
Community Partnership  
with Lutheran General Hospital**  
Website supported by the  
**Park Ridge Public Library**

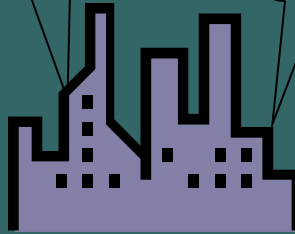
Park Ridge Community Help Guide

*Are you looking for help  
in  
Park Ridge?  
Do you know what  
services are available?  
On PRCHG.com there is  
a list of resources that*

**PRCHG.COM**

Where do I go for  
a list of people  
that can help?

Help!



**PRCHG.COM**

**This is a reference site only.**

## 1. Emergency and Non-Emergency Numbers

### Park Ridge Fire Dept.

-Emergency 911

-Non-Emergency (847) 318-5252

### Park Ridge Police Dept.

-Emergency 911

-Non-Emergency (847) 318-5252

City Hall (847)-318-5200

Cook County Department of Public Health

(847) 818-2860

Park Ridge Public Works (847)318-5227

Red Cross (312)729-6100

## 2. Youth Services

The Harbour Inc. (girls) ages 12-21 emergency shelter  
(847)297-8540

Maine Community Youth Assistance Foundation-  
(847)858-7090

Park Ridge Teen Center (847) 696-9211

School-Based Health Center at Maine East

(847)825-4059

## 3. Family Services

Home Delivered Meals (847) 296-0485

Maine Township MaineStay (847)297-2510

### Food Pantries

Maine Township Food Pantry(847) 297 2510

St. Paul of the Cross Food Pantry (847)-692-6767

### Housing

Center of Concern (847)823-0453

Harbour Inc. (girls) ages 12-21 emergency shelter

(847)-297-8540

Wings (Women in Need) Emergency Shelter

(847)-221-5680

### Counseling

Center of Concern (847)823-0453

## 4. Senior Services

Caring Hearts for Seniors, LLC (847)292-7400

Center of Concern (847)823-0453

-Senior Support- visits, phone calls, housekeeping assistance, and shopping.

-Affordable Housing- homelessness prevention, Home-share matches, and emergency assistance.

-Counseling- Insurance, legal, financial, Caregiver, and grief.

Lutheran General Senior Services-Adult Day Care  
(847)696-7770

Park Ridge Senior Center (847)692-3597

## 5. Counseling

Center of Concern (847)823-0453

Counseling Center of Advocate Lutheran General Hospital  
( Behavioral Issues) (847)795-3100

Maine Center (847) 692-1570

MaineStay -Family Services (847) 297-2510

## 6. Mental Health

Advocate Lutheran General Hospital (847) 723-2210

Maine Center (847) 692-1570

Resurrection Medical Center (877) 737-4636

## 7. Special Needs

Avenues To Independence (847)292-0870

The Harbour Inc/ (girls) ages 12-21 emergency shelter

(847)297-8540

HAVE Dreams (Autism) (847)685-0250

Jeanine Schultz Memorial School -Behavior Disorders  
(847)696-3315

Maine Twp. Special Education (847) 966-9135

Park Ridge Youth Campus (847)823-5161

## 8. Help for Needy/Food Pantry

Journey from Pads to Hope (847) 963-9163

Maine Township Food Pantry (847) 297-2510

St. Paul of the Cross Food Pantry (847)-692-6767

Sunday Supper at St. Paul of the Cross (847) 692-6767

# 911



**Did you know the library can teach you how to use the Internet?**

## 9. Substance Abuse

Advocate Lutheran General Hospital (847) 723-2210

Maine Center General (847)692-1570

Addiction (847) 696-1376

Resurrection Medical Center (877)737-4636

## 10. Hospitals

Lutheran General Hospital (847)723-2210

Lutheran General Children's Hospital (847) 723-5437

Resurrection Medical Center (877) 737-4636

## 11. Hospice/Palliative Care Bereavement

Advocate Hospice (847)318-1072

Rainbow Hospice and Palliative Care

(847) 685-9900

## 12. Pharmacies

The Medicine Shoppe Pharmacy (847)698-3323

CVS (847)-298-2802

OSCO Pharmacy (847)696-3680

Walgreen's (Touhy Ave.) (847) 384-0125

Walgreen's (Devon Ave.) (847) 825-7157

## 13. Transportation

Center of Concern (847)823-0453

Escorted Transportation Services Northwest

(847)222-9227

FISH for physician visits/lab test MaineStay

(847)297-2510

## 14. Community School phone #'s

Preschools/ Day Care- Listed on PRCHG.com

Embers Elementary School (847) 518-1185

Jefferson Day Care Center (847)318-4212

Maine Township High School Dist. 207 Grades 9-12  
(847)696-3600

Mary Seat of Wisdom (847)825-2500

Montessori School of Park Ridge (847)298-7740

Park Ridge- Niles Community School Dist. 64

Grades K-8 (847)318-4300

St. Andrews Lutheran Church (847)823-9308

St. Paul of the Cross (847) 825-7605

Oakton Community College (847) 635-1600

## 15. Park Ridge Public Library (847)825-3123

-Free internet access and technology instruction

## 16. Parks & Recreation

PR Recreation & Park District (847)692-5127

PR Senior Center (847)692-3597

PR Teen Center-ages 13-18 (847) 696-9211

## 17. P.R. Community /Government Contacts

Public Info. Coordinator (Aggie) (847) 318-5303

Public Works (847)318-5227

Chamber of Commerce- (847)825-3121

Maine Township Town Hall- (847)297-2510

Park Ridge City (847) 847-318-5200

Senator Dan Kotowski D-33 (847)797-1192

Rep. Rosemary Mulligan R-65 (847) 297-6533

## 18. Utilities

Nicor (888) 642-6748

AT&T (800) 288-2020

Comcast (866)594-1234

ComEd (800) 334-7661

## 19. Thrift Stores Listed on PRCHG.com